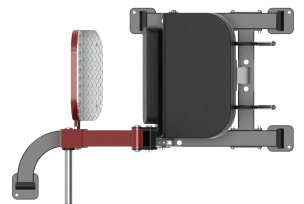


DH PLATE LOADED SERIES

DH007-REAR KICK



PRODUCT OVERVIEW

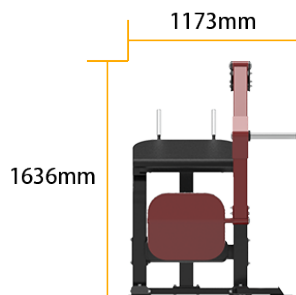
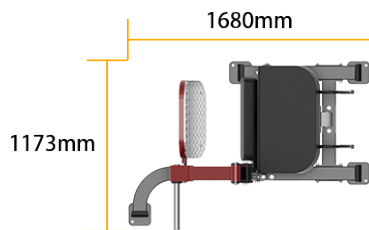
The DH007 is a professional plate-loaded strength machine designed for targeted glute training. With a modern aesthetic and reinforced construction, it is ideal for large commercial gyms and high-end personal training studios.

The ergonomically designed auxiliary handles are precisely angled for a comfortable grip and stable support, helping users maintain proper posture throughout the movement. The 20° inclined wide body pad provides ample support space while increasing hip joint mobility, extending the range of motion and enhancing training quality. A padded calf support helps stabilize the supporting leg, reducing compensation and allowing for more isolated training. The movement arm follows a trajectory that matches the natural path of the hip joint, while the oversized dual-angle anti-slip footplate supports various externally rotated foot positions for more complete glute activation.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1680*1173*1636mm
Net Weight:	118kg



Product Features



Ergonomic Auxiliary Handles

Precisely angled for comfortable grip and stable support, helping maintain proper posture and movement quality.



20° Inclined Wide Body Pad

Fits different shoulder widths, providing comfortable support and sufficient range of motion.



Dual-Angle Anti-Slip Footplate

Supports multiple hip rotation angles, ensuring more comprehensive glute activation.



Padded Calf Support

Reduces impact, stabilizes the supporting leg, and allows for more isolated muscle engagement.